



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 APRIL FOOL'S	2 EARLY OUT 245	3	4	5	6
7	8 EARLY OUT 245	9	10 EARLY OUT 245	11 NO SCHOOL	12	13
14	15	16 EARLY OUT 245	17	18 good friday	19	20 
21	22	23	24	25	26	27
28	29	30				

<u>Parent Teacher Conferences</u>	<u>NO SCHOOL</u>
-----------------------------------	------------------





Parent-Teacher Conferences



NO
SCHOOL
APRIL
11



APRIL 8

3 : 30 ^{PM}	7 : 15 ^{PM}
----------------------	----------------------

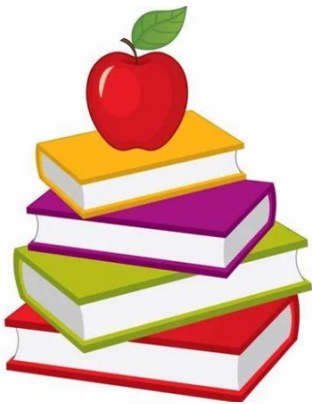
APRIL 10

3 : 30 ^{PM}	7 : 00 ^{PM}
----------------------	----------------------



Important Questions to Ask During a Parent-Teacher Conference

- ☐ *Talk to your child BEFORE the conference to find out what they love about school this year and to surface any concerns or issues*
- ☐ *Prepare a list of questions for the teacher such as:*
 - ☐ *What are my child's strengths in school this year?*
 - ☐ *What are my child's challenges?*
 - ☐ *Does my child participate in class?*
 - ☐ *Does my child seem happy at school and have quality friendships?*
 - ☐ *Does my child work well in groups?*
 - ☐ *Does my child seem rested, focused and ready to learn?*
 - ☐ *Does my child seem challenged by the classwork? If not, what can you do to keep him/her from being bored?*
- ☐ *Be on time (early)*
- ☐ *Turn off or silence your phone*
- ☐ *End the meeting on time (other parents might be waiting)*
- ☐ *Ask for specific examples or clarification of anything you don't understand*
- ☐ *Ask your child's teacher for ways you can support your child's education at home, including apps, workbooks, websites, etc.*
- ☐ *Ask if the teacher needs parent volunteer support with anything*
- ☐ *Don't forget to thank the teacher for all he or she does for your child!*



We would like to recognize and celebrate the dedication of our school librarian, Ms. McGuire, who works tirelessly to foster a love of reading, support student learning, and keep our library a welcoming space for all. From recommending the perfect book to helping students research and explore new ideas, our librarian plays a vital role in our school community. Her passion for literacy and knowledge makes a lasting impact on our students every day



Jennifer McGuire

HAPPY ASSISTANT PRINCIPALS WEEK

April 7 -11: Assistant Principal Week



♥ **Happy School Principal's
Day to an amazing leader.** ♥

♥ We appreciate everything
you do for our school. ♥

Mr. Henderson



**HAPPY
ASSISTANT
PRINCIPAL'S
WEEK!**

*Thanks for
all you do!*



Ms. Hampton

WORLD'S BEST
SECRETARY



Secretaries
Hold it all together!

compassionate • caring • dedicated • funny
Secretary
warm • reliable • loyal • kind • fun

Mrs. Smith

Mrs. Davis



Mrs. Curry Varner

Ms. Augustson





Important *Phone Numbers*



First Student

(217) 920-1341

(217) 920-1347

(217) 920-1348



P 217-444-3400

F. 21 74443488



**Report
Absence or
Lateness**

Attendance

Mrs. Guthrie

217-444-3404



Receptionists

Mrs. Davis

217-444-3403



Nurse

Nurse Gabby

217-444-3408



Mr. Hightower 2174443474

Mr. Day 217444-3468

Ms. Mason 2174443482



Guidance Counselor

C. Helferich

HelferichC@danville118.org

Secretary J. Curry-Varner



Guidance Counselor

T.Ferber

FerberT@danville118.org

Secretary J. Augustson

Dean

M.Parker

ParkerM@danville118.org



Dean

J. Smith

Smithj@danville118.org

Nurse Notes

8 th grade parents:

It is not too early to get a freshman school physical. All students entering the 9th grade need a new physical. Having completed this ahead of time helps successful transition into Danville High School.



Please know, our school-based health clinic, Southern Illinois Healthcare Foundation, better known as SIHF, is always available for our D118 students. SIHF is perfect for physicals, vaccines, illnesses and minor injuries.

For more information you may contact them at 217-920- 0168.

Starfish don't have bodies. Along with other echinoderms (think sea urchins and sand dollars), [their entire bodies are technically classed as heads.](#)





HIGH SCHOOL PREPARATORY PROGRAM

HSPP is a program where students can earn up to 5 high school credits (via summer school). The requirements for this program are earning a B or higher in all 5 areas (math, ELA, Science, Social Studies and PE), having 90% attendance or better, and minimal disciplinary issues. We strive to look for students who have gotten behind in school at one point or another and are ready to work hard to get back on track. We often also fill with students who struggle in the larger setting and would benefit from a smaller group.

Ever heard of the High School Prep Program at KDBA for 8th grade??

A small group of students will be accepted into this amazing program.

If you are a current 7th grade student that wants to get a jump start on high school or you are just interested in finding out more information about the program, see Ms. Helferich or send her an email at helferichc@danville118.org

It's In Your Head



The Calm Club

HEY 7TH & 8TH GRADERS! EVER FEEL LIKE YOUR BRAIN IS GOING IN A MILLION DIRECTIONS BEFORE THE DAY EVEN STARTS? MAYBE YOU WAKE UP FEELING TIRED, STRESSED, OR JUST NOT READY FOR THE DAY AHEAD? WE'VE GOT THE PERFECT WAY TO HELP YOU SETTLE YOUR MIND, STAY FOCUSED, AND FEEL YOUR BEST!

*Start Your Day Off Right
Learn to Calm Down
Understand Your Emotions
Think Positively
Improve Your Focus*

7:45-8:45 am Wednesdays

Questions: (217) 446-3200

Come and join us!



ITS IN YOUR HEAD PRESENTS

FREE PUBLIC CLASS

Feel better instantly!

APRIL 22ND, 6-7 PM

FISCHER THEATER - DANVILLE, IL



Feel overwhelmed, burned out, or depleted? Have you tried every diet or routine under the sun and nothing seems to stick? Join us for a free class to learn the principles of Its In Your Head and the most impactful changes you can make for the greatest benefit to your physical, mental, and emotional health.

Open to all ages and levels!

WHAT YOU'LL GET FROM JOINING THIS CLASS:

- Lower Stress & Gain Energy
- Strengthen Body & Mind
- Build Supportive Daily Habits
- Relaxation Practice Included



Earn a chance to win a 1-on-1 class with Hunter and IIYH t-shirt!



Reserve your spot now at :
IIYHFischer.eventbrite.com

North Ridge Theatre Company

presents



Coming Friday, April 25th

with a special staff only preview on Thursday, April 24th.
It will begin at 5pm. A \$5 cash donation at the door is appreciated.



TRIVIA



Night

THURSDAY
MAY 8

TEAMS OF 5-8 FOR \$30.00

NRMS – 1619 N. JACKSON
CONCESSIONS AVAILABLE
PRIZES AWARDED

DOORS OPEN AT : 5:30PM
TRIVIA STARTS AT : 6PM

SPONSERED BY:
NRMS NJHS

Home Interventionist
Presents:

THE 6TH ANNUAL NORTH RIDGE

Talent Show

A black silhouette of a person playing a guitar, positioned behind the 'Talent Show' text. The person is in a dynamic pose, leaning forward with the guitar held high. The background is a large, glowing red circle.

& ART EXHIBIT

MAY 1ST @ 5PM - 7PM

AT NRMS CAFETORIUM

AUDITIONS HELD APRIL 14TH-APRIL 18TH DURING LUNCH
ROOM 716

SCAN THE QR CODE TO REGISTER





The North Ridge Builders Club has been busy with our second semester of school and community service projects.

In February, we made Valentines for Veterans. The valentines were delivered to the veterans at our local VA Illiana Health Care System. We would like to thank all our club members who helped make the beautiful valentines!

State testing will be held at the end of March and the beginning of April. We will be counting and delivering peppermints to the teachers to distribute to the students during testing. We will also start planning for Earth Day activities in April and Teacher Appreciation Week in May.

We are still collecting General Mills Box Tops for Education through their app. Please add the app to your phone and start scanning your receipts. Contact Mrs. Delzell if you need information about how to use the app or if you need a list of eligible Box Top products. Money collected from the General Mills Box Tops for Education Program is used to help fund our school and community projects.

The Builders Club continues to oversee the NRMS recycling program.

Our next meetings are:

Wednesday, March 5, 2025, at 8:15 A.M.

Spring Break- March 17th-March 21st No School

Wednesday, March 26, 2025, at 8:15 A.M.

Wednesday, April 2, 2025, at 8:15 A.M.

Wednesday, April 16, 2025, at 8:15 A.M.

Wednesday, April 30, 2025, at 8:15 A.M. (Extra meeting to plan for Teacher Appreciation Week)

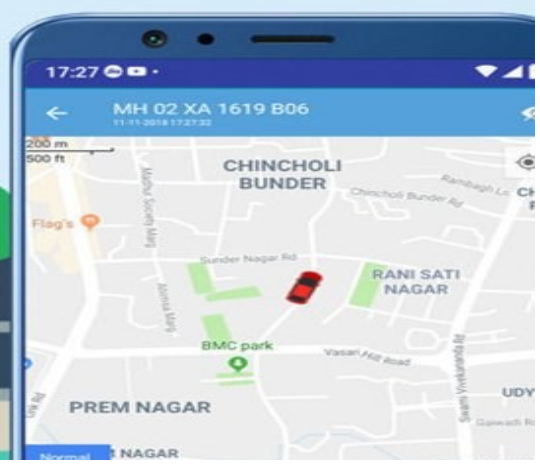
*If you have questions, all club information and news is posted in our Builders Club Google





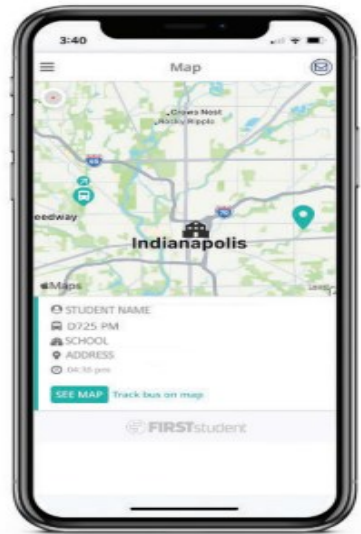


LIVE BUS TRACKING



ParentView gives you direct access to the status of your child's bus. Whether deciding the best time to meet at the stop, or seeking detailed delay notifications, ParentView gives you the information you need to plan your day and stay connected.

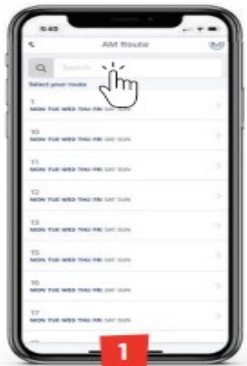
- | | | | |
|--|---------------------------------------|--|--------------------------------|
| | INSTANT DISTRICT NOTIFICATIONS | | PARENT SUPPORT |
| | KNOW WHERE THE BUS IS | | DISTANCE NOTIFICATIONS |
| | VIEW TRACKING STATUS | | MULTIPLE KIDS - ONE APP |



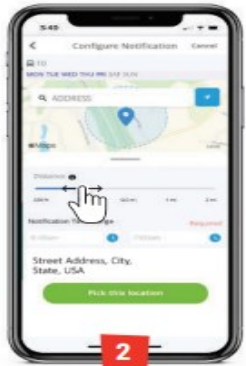
District Code: U93R

How it works

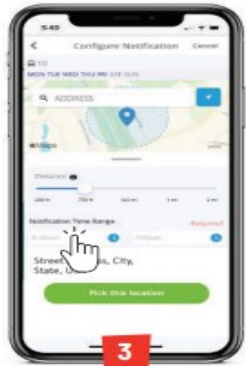
ParentView tracks the bus on the map and allows you to set up a customizable geofence around your pick-up/drop-off location, so you can be alerted when the bus is close. Getting started with FirstView is simple. First download the app from Google Play or the App Store, register for an account, and enter the required code(s). To start tracking:



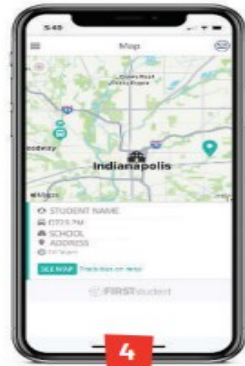
1
Choose Your Student's Route



2
Drop a Pin and Set Up the Geofence



3
Set Up Alert Notification Hours



4
Track the Bus and Receive Alerts

NOTE: Many of our systems and tools integrate heavily with data gathered from your District, allowing us to provide accurate reporting and a customized approach. Because these systems rely on unique information about your students and routes, they will not be fully functional on day one. FirstView typically requires one to three months to integrate and sort your data effectively.



Caring for Students. That is our First priority.

BE SAFE

IF YOU FEEL SICK STAY HOME (IT'S NOT PERSONAL)

Fever 100° or higher, vomiting or diarrhea in the last 24 hours, lice, having a known infectious illness or rash, eye drainage that cannot be maintained properly, having an ER visit within the past 24 hours.

Cold/flu season is among us. If you are not sure when to keep your student home, please call the school nurse at the number below.

A BETTER YOU

Is It a Cold ... or the Flu?

Uh oh. You're getting that achy feeling in your joints, your throat is scratchy, and you can't seem to get warm. There's no doubt you're getting sick, but is it a cold or the flu—and does it even matter? "The flu generally comes on more quickly and body aches are a prominent feature," says **Matt Nimer**, a physician assistant specializing in family medicine at University of Utah Health Care. "The flu can cause other health issues, so it helps to know the difference." Here's a quick guide.

Symptoms	Cold	Flu
Body aches	Not usually	Almost always, often severe
Congestion, runny nose, sore throat, sneezing	Almost always	Sometimes
Exhaustion	Sometimes, but never extreme	Almost always, usually extreme
Fever	Not usually	Almost always
Headache	Sometimes	Usually
Location of symptoms	Above the neck	Entire body
Typical duration	About a week	One to three weeks

Doc or Not?

"If you think you have a cold, in most cases it's OK to treat symptoms and wait it out for a week," Nimer says. But if your condition worsens or you think you have the flu, visit your doctor right away. "There are prescription medications that help, but they need to be taken within 48 hours of symptom onset."